

Aim:

Build confidence in the Community

Aim:

Raise concerns to service providers

TAKING CONTROL OF YOUR HEALTH

A Health & Well Being Conference

Timetable:

9:30 Registration & Refreshments

10:00 Welcome & Introduction

10:10 Faith Reflection

10:25 Key Note Speaker

Prof Bryan Stoten

10:55 Bill Heilbronn

(Topic: Healing depression)

11:10 Questions

11:20 Workshops

13:00 Vegetarian lunch

Saturday

20th September 2014.

At St Peter's

Conference Centre,

Dormer Place,

Leamington Spa.

CV32 5AA

This event is free

to attend, and open to all members of the Community, but due to the expected high demand, you will need to pre-register to attend.

Please send your details to:

wdfaitsforum@yahoo.com

The workshops will be: Healthy Living, Mental Health Issues, Dementia, Carers and Youth Issues.

Aim:

Raise awareness of current issues

Aim:

Outline of the services and support available

For further information contact:

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Warwick District
Faiths Forum