

**Health & Wellbeing Conference**

**Saturday 15th October 2022**

**St Peter’s Conference Centre, Dormer Place, Leamington Spa CV32 5AA**

***Twitter:* @forumwarwick**

***WiFi: BTB-96CGGQ, Password: abYbLDLx7qFG4P***

**Key aims of the Conference:**

1. To raise awareness in the community of the importance of our Health and Wellbeing.
2. To provide the community with an outline of services and support available to them. There will be displays and information from key service providers.
3. To provide an opportunity for members of the Community to raise issues and concerns with key service providers.

**Timetable:**

**09.00 Registration and Refreshments**

09.30 Introduction **Jatinder S Birdi**, Chairperson WDFF

09.35 Welcome **Fr Stephen Day**, St Peter’s RC Church

09.40 Opening Reflection **Mr Tim Cox**

Lord Lieutenant of Warwickshire

09.50 Keynote Address **Dr Shade Agboola**

Director of Public Health Warwickshire

Q&A Session

10.35 Mental Health & Wellbeing **Paol Thomson**

South Warwickshire & Worcestershire Mind

**11.00 BREAK**

11.10 Community Safety **Geoff Thomas** Warwickshire County Council

11.30 Communities & Partnerships **Mike Slemensek** Warwickshire County Council

11.45 Chaplaincy at Warwick Hospital South Warwickshire University NHS Trust

**12.00 Discussion Groups: Healthy Lifestyle**

**Mental Health**

**Community Safety**

**Role of Faith in Improving Health**

12.45 Feedback from Discussion Groups

12.55 Plenary & Closing comments **Jatinder S Birdi**, Chairperson WDFF

13.00 Vegetarian Lunch & Networking